

Friday Round Table Discussion Notes:

RT-12: Faith based Programming facilitated by Lee Ann Massey

I. Intro and Sharing about each Respite Program

II. Funding Needs

III. How can we collaborate with Faith Based Community

- Challenges

- Things that work

- Things to improve

IV. Suggestions:

- Get testimonials

- Get statistics

- Prove the benefits of your program (short term & long term)

- Get measurable outcomes

- Expand your wish list

 - Ask for volunteers

 - Ask for donation for services

 - Ask for donation of supplies

 - Donation of expertise

- Do a tour of your facility

- Never ask for money during these tours

- Go to your local Rotary Clubs

- Pray your vision through

- Surround yourself with people who believe in your vision for encouragement

- Do a Board of Directors retreat

- Keep engaged in a fun way

RT-13 Meaningful Family Intake Process

Attendees: Karen (IN new program), Jose (CA in-home), Mary (KS center-based), Micah (CA In-home), Lina (CA in-home), Joy (Northern CA in-home), Stacy (CA in-home), Natalie (OH center based), Kelly (KS family directed/volunteer)

Intake rules – Title XVII guidelines along with state or local guidelines

What is meaningful? How does it apply to families?

Good intake helps consumers and caregiver family members

Different foci 1) consumer/families (mission); 2) bottom line

What makes up good intake?

- define respite
- what do you need?
- can be very detailed
- help families understand what respite time means—it belongs to them; set goals
- can include tips from families
- learn about client as much as possible
- find out what the family wants/needs
- interview of respite workers to get good “fit”
- that may not be the same for the caregiver or consumer
- intake can be instructive
- give and take between agency and client(feedback to assure good fit)
- provider guideline questions
- program specific
- connect to evaluations
- updated regularly
- doesn't ask for useless info
- determines location (where respite will happen)
- can include choice of workers
- pre-questionnaires/phone calls
- pertinent questions
- prepares the consumer for services, transitional time
- good info about consumer
- a living document

--a way to inform expectations

--find out what they don't want

--doesn't overwhelm client

--shares the purpose

RT-16: Management of Behaviors

Attendees: Lea Montgomery, Facilitator (In-home & Behavioral Respite); Wendy Zwicker (In-home with behaviors); Shelley Crayton (In-home, site based with behaviors)

What we want to discuss:

Strategies dealing with behaviors

Staff training

RT-17: Training with technology

Online Trainings

E-Learners—expensive and many types of classes, but none on respite yet

Q-quest in Oregon, \$50 per month to be a member to access basic programs, you can add as many people as you want, it can be either used for continuing education requirements or as an in-service. 1 hour equals one unit

RT-19: Grab Bag of Fun Respite Activities

Attendees: Stacey, Facilitator (CA); Debra (IN); Sherri (NE); Janelle (NE); Carrie (Canada); Wendy (CA); Ellee (CA); Mary (KS); Maureen (CA)

Fund Ideas:

Special Friday equals Student Volunteers

Fun Day twice a year at State Park

Request For Proposal for funds to underwrite costs of fun activities

Camp Fun

After school/Program Fun

Bed & Breakfast Fun

Barriers:

Mental Health Kids don't mix well with other special needs persons
Group Play

Common Items:

Sensory (tubs of rice, corn starch, squishing colors)

Fun Sponge Paint

Find the activity the group likes

Video (walking for DD who are in a wheelchair)

Water play

Sand play

Pudding play in a secure bag

Music

Fun Activities

Painting with Kool Aid

Choosing a picture or drawing

Group Painting with a long roll of paper

Finger-paint imprints with shapes

Potatoe painting

Dress up and role play

Parachute (circle play)

Magazine Collage

Wi(sp?) For All with Award Certificate

Dinner (help prepare) and a Movie

Cookie Jar

Scrapbooking and card making (fund raiser)

Sing along with karaoke

More Fun

Cooking (respite books)

Jello Fun Cutouts

Laughter Yoga with Yoga Therapist (laugh like a clown, laugh like a witch)

Make a t-shirt

Games (Uno/bingo)

Dance and Dinner

Costume parties (based on holiday)

Sleep over

Show & Tell

Picture fun

Big Projection Movie on the wall with popcorn

Caroling (during the holidays)

PJ parties or theme days

Mad Libs (silly play)

Girls Day Out (Pampered Princess) jewelry

Boys Day Out Pool and Hot Wings

Beading or Painted Macaroni with Food Coloring

Long Paper with glued items
Adaptive Play for persons of all physical abilities
Picnics
Museum with fun exhibits (interactive)
Zoo (special night with pets)
Make Play Doh
Room with Sensory Games (light, hanging objects)
I Spy
Reading Session
Birthday parties (everyone's b'day all at once)
Zip lock activities for travel
Sock puppets
Story play
Tea party
Boys and Girl Scouts for the developmentally disabled
One on one interaction
Reading out loud
Follow the leader
Hammock (under trees -- light changes)
Scarf
Crepe paper streamers with paper plate
Big Box (for play inside)
Sidewalk chalk
Paint with Water (outside wall or each other)
Give options (activity picture book)