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Exposure Control Plan Test

Name: _____ Date _____

Directions: Circle the correct answer

1. Universal Precautions means:
 - a. An approach to disease control that assumes all blood or bodily fluids are potentially hazardous
 - b. Practicing proper hand washing procedures
 - c. Using disposable gloves where appropriate when working with a client
 - d. All of the above
 - e. None of the above

2. It is MANDATORY that BRC Respite Care Providers wear disposable gloves when performing the following tasks:
 - a. Washing dishes
 - b. Assisting a client with brushing their teeth
 - c. Assisting a client with changing her menstrual pad
 - d. All of the above
 - e. B and c

3. If you have an exposed cut or lesion and you are working with a client, you must:
 - a. Notify the office immediately
 - b. Cover it with a bandage
 - c. Use disposable gloves if the cut is on your hand
 - d. a and c
 - e. b and c

4. Disposable gloves can be reused if they are cleaned with bleach.
 - a. True
 - b. False

5. If an exposure incident occurs what should you do first after cleaning up?
 - a. Call the Director to report an exposure incident and follow his instructions while maintaining confidentiality
 - b. Make an appointment with a healthcare professional
 - c. Attain consent from the family to have the client's blood tested
 - d. All of the above
 - e. None of the above

6. The most common symptoms of HBV are:
 - a. Fatigue, jaundice, nausea, vomiting, muscle aches
 - b. Fatigue and headaches
 - c. Headaches, nausea, vomiting
 - d. Nausea, vomiting, muscle aches
 - e. Headaches, jaundice, rapid pulse

7. When assisting a client who is menstruating, you should:
 - a. Always wear disposable gloves
 - b. Wash your hands before and after providing the care
 - c. If the client is able to assist in any way, let her
 - d. All of the above
 - e. None of the above

8. When assisting a client with brushing his/her teeth, never:
 - a. Minimize splashing, spraying and splattering
 - b. Stand in front of the client and grasp his/her jaw
 - c. Start from the top of the teeth brushing down
 - d. Wear disposable gloves
 - e. Stand behind the client, in front of a mirror

9. Which of the following are universal Infection Control policies you must follow?
 - a. Washing your hands
 - b. Not applying makeup or lotion in the client's bedroom
 - c. Bringing disposable gloves to every booking
 - d. Both b and c
 - e. All of the above

10. Which of the following are appropriate guidelines to follow if you are hurt on the job?

- a. Call the Director with your injury information and follow up with an incident report of what happened
- b. Go immediately to your personal doctor
- c. Go to the workman's compensation doctor designated by Bay Respite Care
- d. Get a work release from the doctor before returning to work
- e. a, c and d only

Bay Respite Care Employee Safety Acknowledgement Form

I have received training on this date, _____, on the Bay Respite Care Exposure Control Plan. I received a written explanation of the OSHA standard, universal precautions, personal protective equipment, and other important work practices to follow in order to effectively eliminate any potential exposure when working. I agree to abide by these policies and understand that if I act in an unsafe manner by not following these work practices, I am subject to progressive discipline or immediate dismissal at the discretion of the agency.

Employee Signature